

## Post-Procedure Instructions: Basic Care

- Do not drive for 24 hours if provided sedation.
- You may find relief in icing the area for 24 hours.
- Continue your normal daily routine without any heavy activity for 24 hours
- Walking, riding in a car, and normal daily activities are allowed
- Please call the office if you're having increased pain after 24 hours, fever, chills, nausea, vomiting, headache.
- You will receive a secure survey the day after the procedure. Please complete this as it will become part of your medical records so that we can know how you responded to the procedure. ***This is important and will guide future therapies.***